



April 15, 2018
HOLY CROSS LUTHERAN CHURCH ELCA

Opioid Awareness: Narcan Training

This training is not to be missed! It is far more than talking about heroin or other street drugs. This training discusses opioids and how they can affect people, especially senior citizens. If you ever think that you will need pain management in your life, this is a very helpful training.

Opioid abuse, which refers to the improper use of both prescription medications and illegal drugs such as heroin, is a growing public health concern in Wisconsin, as it contributes to a steadily increasing number of unintentional deaths. In fact, in 2013, more Wisconsin residents died from drug overdose than motor vehicle accidents. Waukesha County has been greatly impacted by this epidemic—a crisis which impacts people from all backgrounds, at all income levels, and of all ages.

Monday, April 16, 6:00-7:00 pm
 Community Memorial Hospital, Treiber Conference Center 1 and 2
 W180 N8085 Town Hall Road, Menomonee Falls

Facilitated by:
 Lee Clay, RN, BSN, Health Educator Specialist – Preventive Health Strategies (contracted), Community Opiate Educator – Waukesha County HHS PDO

- Training topics will include:**
- Education about the opiate issue and how it got started
 - How to identify opiate intoxication
 - How to identify an opiate overdose
 - How to respond to an opiate overdose
 - How to administer Naloxone

Learning how to spot an overdose is the first step in saving someone's life. Overdose can happen whether using a prescribed medication or from illicit drug use. Adults who attend the training will be offered a Naloxone kit to take with them, free of charge!

For more information, call 262-896-8234.

Thank You For A Wonderful Lent And Holy Week!

A sincere thank you to everyone who participated in our Lenten and Holy Week worship services. I would like to thank our dedicated staff, ministry teams, and other volunteers who made it all possible: Ushers, Greeters, Welcome Center volunteers, Lectors, Altar Guild volunteers, processional volunteers, bulletin collators, Easter Breakfast and Seder Meal volunteers. I was also proud of our thirty amazing youth who led our powerful Good Friday evening services.

Special thanks to all of our musicians who practiced hours to prepare for these services. What a blessing their music was in moving our hearts through these most holy days. We were pleased this year that a retired pastor and his wife from Upper Michigan came down to Milwaukee for these Holy Days in order to experience Maundy Thursday, Good Friday and Easter Sunday at Holy Cross for the second year. Finally, thank you to all who came and worshipped! You too are a blessing! Grow in Faith. Serve the Lord.
 Pastor Meredith

"Cancer Now What?"

This book offers a way to help and give hope to those facing cancer. All too often we hear that someone we know is facing cancer. When they receive the devastating news, we want to reach out with support and care. A simple, powerful way is to give them a copy of this book. It can be purchased at Holy Cross for \$17.25 by contacting Deacon Ellie Schmidtke at cedellie@yahoo.com or calling her at 251-2740. It can also be purchased on Sunday mornings. The book, from Stephen Ministries, is a comprehensive how-to guide that helps cancer patients and their loved ones navigate the medical, emotional, relational, and spiritual challenges of cancer.

Medical

- Asking the right questions at the right time
- Finding reliable information
- Tracking medical information simply and effectively
- Helping your medical team help you

Emotional

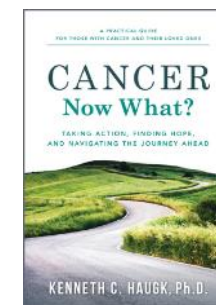
- Coping with the emotional aftershocks
- Finding ways to express difficult feelings
- Not letting cancer define you
- Caring for yourself

Relational

- Getting the support you need
- Updating others without wearing yourself out
- Creating a safe place within your family
- Connecting with those who have faced cancer

Spiritual

- Finding spiritual support
- Weathering spiritual storms
- Being totally honest with God
- Asking hard questions without feeling guilty



Worship and Lunch with Hephatha

Join us Sunday, April 29, for worship at Hephatha Lutheran Church and share a taco lunch afterwards. The bus departs at 8:00 am and returns around 12:45 pm. Families are encouraged to join us; we'd love to fill the bus and bring a large crew to worship with our brothers and sisters at Hephatha. Retired Pastor Joe Ellwanger and his wife Joyce, lead a bible study after worship and we are invited to attend.

We serve 175 to 200 tacos and are also looking for help acquiring the "taco fixin's" including tortillas, cheese, sour cream, salsa and dessert bars. Donated items can be dropped off in the Trinity Center kitchen by noon on Thursday, April 26. A sign up board is located in the narthex if you are able to participate. Please contact Amanda Juedes with questions.



Foot Washing at St. John's in Milwaukee

On Maundy Thursday a group from Holy Cross visited St. John's Lutheran in West Milwaukee for their weekly neighborhood breakfast. The breakfast ministry serves community folks, veterans, and the homeless population, many of which are veterans. The mission of St. John's is "Love in Action". Our volunteers helped serve breakfast, sang songs, and washed the feet of those in the community.

The average homeless person walks over 8 miles a day, so foot care can be a huge blessing to those who don't normally have well washed socks and comfortable shoes. In addition to a warm soapy wash, we offered a clean pair of socks, band aids and ointment to help keep their feet healthy and pain-free. It was a humbling experience to care for these individuals on one of the holiest days of the year that commemorates the meal when Jesus told his disciples to wash the feet of others in humility and service.

PRAYER CONNECTION

Join the Prayer Chain or submit a request by emailing

prayerchain@holycrosslutheran.org

NOISY OFFERING

●El Salvador

SERVING on April 21 & 22

Ushers:

5:00 pm Dave & Janet Blank Team

7:45 am Bev Green team

9:00 am Glenn & Carolyn Schellhaas team

10:30 am Mark Hacker team

Lector:

5:00 pm Lowell Carl

7:45 am Jill Konicek

9:00 am Steve Tretheway

10:30 am Phil Smith

Worship Asst.

Avis Dallman

Altar Guild:

Donita Bruder, Dianne Donnell, Candice Ekstrom, Jodie Winkler

Greeters:

5:00 pm Paul & Anne Lindemann, Kaeley Gensler, Stephanie Truckenmiller

7:45 am Pete Gullickson, Stan & Carole Grove, George & Betty Klaus

9:00 am Donna Kennedy, Jill Konicek, Janelle Beckman & Gary Rudolph

10:30 am Eleonore & Jack Kamoske, Stan & Mary Kay Winarski, Bobbi, Todd

& Arabella Fochs

Welcome Center:

4:40 pm Mary Ann Holt

8:30 am Jill Konicek

10:00 am Carol Miller

HOLY CROSS LUTHERAN CHURCH ELCA

W156 N8131 Pilgrim Road, Menomonee Falls, WI 53051

Phone: 262-251-2740~Email: holycross1@holycrosslutheran.org

Web Site: www.holycrosslutheran.org

Worship Schedule: Saturday-5:00 pm, Sunday-7:45, 9:00 & 10:30 am



TODAY

Reading: Acts 9:1-19a

Worship Asst./Lectors: Mark Christiaansen, Sue Haberman, Cathy Brill, Keri Duce, Miranda Montijo

TODAY-Sunday 15

Scrip Sale, Mt. Meru & Divine Chocolate Sale, Blood Pressure Screening

Worship 7:45, 9:00 am, 10:30 am

Celebration Band & Choir 9:00 am

Faith Development 9:00 & 10:30 am

Mary Circle 6:30 pm

Monday 16

Preschool 9:00 am

Tuesday 17

Preschool 9:00 am

God Squad 6:00 pm

King's Kids 6:00 pm

Stewardship 6:00 pm

Celebration Band 7:00 pm

Grief Group-Offsite 7:00 pm

Wednesday 18

Preschool 9:00 am

Quilters 9:00 am

Heavenly Sounds Handbell Choir 6:00 pm

Chancel Choir 7:00 pm

Student Ministry Night 7:00 pm

Thursday 19

Preschool 9:00 am

To Do Crew 9:00 am

Pr. David Bible Study 11:00 am

New Beginnings Handbell Choir 4:30 pm

Bible Alphabet 6:30 pm

Friday 20

Church Office Closes At Noon

Preschool 9:00 am

Tween Mystery Night 6:30 pm

Saturday 21

Men In Mission 7:30 am

Worship 5:00 pm



Sunday 22

Scrip Sale

Worship 7:45, 9:00 am, 10:30 am

Celebration Band & Choir 9:00 am

Faith Development 9:00 & 10:30 am

JOIN US FOR

Children

●It's Mystery Night on Friday, April 20...4th-5th-6th grade students are invited to join us at "A Mansion Mystery." You will be cast in a role as a character in the mystery. Once the crime is announced players become either suspects or detectives. We will read dramatic scenes loaded with clues, evidence, and details about "whodunit." As the game progresses, kids piece together information and discuss their theories as a group. All the evidence and clues help them zero in on the criminal. There are only 8 spots left and you do have to sign up ahead of time. Prizes will be given out for the Most Dramatic, and Best Costume! Sign-up at the table near the church office or e-mail Sue at suec@holycrosslutheran.org Help us catch the criminal, unless of course it's you!

Adults

●In the past Luther Manor's very own Terrace Community Players have presented several original comedy plays, but this Spring's offering will be a completely different approach. Luther Manor resident, Rusty Tym, director and co-writer, has collaborated with UWM students to create "It's a Long, Long While." Both Luther Manor residents and UWM students will appear in the play to produce a chronicle of a 50-year-old incident affecting the lives of four fictional people living at Luther Manor. The play will be held on Friday, April 20, at 2:00 & 7:00 pm and on Saturday, April 21 at 2:00 pm. This is a free event, but donations will be accepted.

●If you have been visiting Holy Cross and are ready to grow in your commitment to our Lord and to this congregation, we invite you to attend our next New Members Class. It will be held on Sunday, April 22 from 9:00 am-12:30 pm. If you would like more information, please contact Eleonore at eleonorek@holycrosslutheran.org or call 251-2740.

●Got Drugs? Turn in your unused or expired medication for safe disposal on Saturday, April 28 from 10:00 am-2:00 pm at Community Memorial Hospital. This "drive-thru" drug collection will take prescription and over the counter medication, ointments, sprays, inhalers, vials, herbal and pet medications.

PRACTICE 7 GIVE



Remember the Lord you God, for it is he who gives you the ability to produce wealth. Deuteronomy 8:18